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Oríginal Research Article

Deaths Associated with Anaesthetic Procedures: An Autopsy Based Study

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Article Info

Abstract

Key words Anaesthetic Death, Medical Negligence, Medicolegal Autopsy.

The performance of a surgical operation and the administration of an anesthetic are never without risk to the life of a patient. In all such cases a careful and complete medico-legal autopsy should be undertaken. Present work is aimed to study the clinical and autopsy findings in anesthetic deaths and any discrepancy between them. Out of total 61 cases of death due to alleged medical negligence, 17 cases (29 %) of anesthetic death were studied in detail. Anesthesia was second most commonly involved branch in alleged medical negligence cases after obstetric & Gynaecology cases, (n=21, 33 %). In the present study, eight cases (47 %) were due to general anesthesia and nine cases (53 %) were due to spinal anesthesia. In cases of death associated with general anesthesia, respiratory failure leading to hypoxia was responsible in five cases while in three cases, acute cardiovascular failure leading to hypotension, bradycardia and cardiac arrest was responsible for death. In cases of death due to spinal anesthesia, sudden cardiac arrest was responsible in five cases, hypotension in three cases and bradycardia followed by pulmonary oedema in one case. In anesthetic deaths, morphological findings are minimal or even absent so, full clinical information and expert advice of an anesthetist are essential.

1. Introduction

Anesthetic death is defined as death occurring within 24 hours of administration of anesthesia due to causes related to anesthesia. However, death may occur even afterwards due to its complications. In terms of Indian law, such deaths need to be notified to the law enforcement authorities. Hence, any death which is reported under this section is regarded as a death due to unnatural unnatural causes, to be followed by an inquest. The attending clinicians are not allowed to issue a death certificate in these cases and the case must be referred for medico-legal autopsy.¹ Any autopsy on an anesthetic-related death must be a cooperative process with the anesthetist.

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Not only are the objective findings in true anesthetic deaths meager or absent, but the autopsy surgeon's training and experience of the complex techniques of modern anesthesia is insufficient for him to appreciate, analyze, and criticize constructively without the expert knowledge of the anesthetist.²

Survey conducted by Lunn and Mushin for the association of anesthetists in 1982 indicated that, although 1 in every 166 patients died within 6 days of a surgical operation, only one in 10000 die solely as a consequence of the anesthetic. Anesthesia contributed to but not totally caused the death of 1 in every 1700 patients, many of these deaths being potentially avoidable. Autopsy reports alone are of limited value in explaining deaths associated with anesthesia.³

Anesthetic death is one of the most stressful events as experienced by anesthetists who may vary from person to person or even from case to case. For some it may be the emotional trauma and for others it may be the impact on their professional functioning.⁴

In law, as in medicine, error and negligence are not synonymous. To establish liability in a medical malpractice action, a plaintiff must prove three elements. The duty inherent in the doctor-patient relationship must have been established. A breach of duty defined by failure to exercise the required standard of care must have occurred. The breach of duty must be shown to be the proximate (underlying) cause of injury or death to a reasonable degree of medical certainty, that is, that the injury or death could have been avoided except for the breach of duty.⁵

Outcome of a malpractice case may depend on the quality of the autopsy, specifically on the awareness of the autopsy surgeon of clinical issues, particularly those that are of potential medico-legal interest, and the thoroughness of the autopsy dissection with respect to those issues. Many studies have documented that major discrepancies are common between diagnosis entered on death certificate and autopsy diagnosis.⁶

The surge of technology and the hyperspecialization in every field of medicine imply that each malpractice claim gives rise to a scientific challenge, requiring specific expertise in the analysis and evaluation of the clinical case in question. The role of legal medicine has become increasingly specific, essential and ineluctable in the judicial setting in order to prevent and avoid erroneous interpretations and hasty scientific verdicts.⁷

The present study was designed to compare the clinical findings with the findings of a medico-legal autopsy in cases of anesthetic deaths.

2. Aims & Objectives:

- i. To study the clinical and autopsy findings in deaths associated with general anesthesia.
- ii. To study the clinical and autopsy findings in deaths associated with spinal anesthesia.
- iii. To study any discrepancies in clinical and autopsy findings of anesthetic deaths.

3. Material & Methods:

In this retrospective study, total 61 cases of death due to alleged medical negligence brought to the Forensic Medicine Department, B.J. Medical College, Ahmedabad between the January 2014 and December 2018 were studied. Out of these 61 cases, total seventeen cases of anesthetic deaths were selected for comparison between clinical and autopsy findings especially regarding the cause of death. All autopsies were performed within 24 hours of death as a part of medico-legal investigation of death as per section 174 of the Cr.P.C. For detection of the autopsy findings, post-mortem reports, reports of histo-pathological examination, chemical analysis and other ancillary investigations were studied. Clinical findings and cause of death (primary diagnosis) indicated by the clinician in-charge of the patient were abstracted from the patient's hospital records, anesthetic notes, operative notes, etc. Clinical and autopsy findings then compared and conclusions were drawn.

4. Results:

Out of total 61 cases of death due to alleged medical negligence, 17 cases (29 %) were of anesthetic death as shown in **table no. 1**. Anesthesia was second most commonly involved branch in alleged medical negligence cases after Obst. & Gynec cases, (n=21, 33 %).

In the present study, eight cases (47 %) were due to general anesthesia and nine cases (53 %) were due to spinal anesthesia. In cases of death associated with general anesthesia, respiratory failure leading to hypoxia was responsible in five cases while in three cases, acute cardio-vascular failure leading to hypotension, bradycardia and cardiac arrest was responsible for death. In cases of death due to spinal anesthesia, sudden cardiac arrest was responsible in five cases, hypotension in three cases and bradycardia followed by pulmonary edema in one case.

Table-1: Distribution of anesthetic deaths according to type of anesthesia and Primary Disease:				
Type of Anesthesia	Primary condition Ro. cas		Total	
General	Spinal Tumor (D11-	1		
Anesthesia	Schwannoma)			
	Spinal space reduction L5-S1	1		
	Congenital coloboma	1	8	
	Uterine fibroid	2	8 (47%)	
	Umbilical Hernia	1	(4770)	
	Congenital Polydactyli	1		
	& Syndactyli			
	Cranio-Vertebral	1		
	junction anomaly			
Spinal	LSCS	3		
Anesthesia	Ortho- Tibia Fracture	1	9	
	Ortho- Femur Fracture	5	(53%)	
	(ST or IT)			
Total	17 (100%)			

Out of total 8 cases of death due to general anesthesia, 3 were belonging to neurosurgery and spine surgery, 2 of general surgery, 2 of gynecology, and 1 case of ophthalmology. Out of 9 cases of death due to spinal anesthesia, 6 cases were belonging to orthopedics. Out of these 6 cases, 5 were of subtrochenteric or intra-trochenteric fracture of femur bone and in 1 case tibia was fractured. Three cases of spinal anesthetic deaths occurred during LSCS operation. Out of total eight cases of death associated with General Anesthesia, in four cases (50 %) autopsy has revealed undiagnosed preexisting disease. Out of total nine cases of death associated with Spinal Anesthesia, in only two cases (22 %) autopsy has revealed undiagnosed preexisting disease.

5. Discussion:

Anesthetic deaths may be divided in to two broad categories^{2, 8, 9} namely:

1. Deaths which occur during the administration of an anesthetic but which are not due to the anesthetic. 2. Deaths which are the direct result of the administration of an anesthetic.

Group-1 includes following categories:

- a) Death due to primary injury or disease which necessitated the operation and administration of an anesthetic.
- b) Deaths due to diseases other than those for which the operation was undertaken, but which were diagnosed before the operation was commenced
- c) Deaths due to diseases other than those for which the operation was undertaken, but which was not diagnosed before the operation was commenced

In a case of this nature, it has to be determined whether the condition could reasonably have been diagnosed by a proper preoperative clinical examination.

There are several diseases of a potential serious nature, e.g. coronary artery atherosclerosis, which may be clinically latent and which may not be detectable even after most careful routine clinical examination. The failure to make a preoperative diagnosis of such a condition does not necessarily imply that the practitioner in attendance was negligent.

 d) Surgical deaths i.e. accidental incision of a large blood vessel or aneurysm is the direct responsibility of the surgeon.

Out of total eight cases of death associated with General Anesthesia, in four cases (50 %) autopsy has revealed undiagnosed preexisting disease. In one case severe atherosclerosis of coronary arteries was present while in another case severe atherosclerosis of coronary arteries with left ventricular hypertrophy was found in autopsy. While in two cases severe chronic lung disease was found in autopsy. These unrelated diseases were not diagnosed or suspected in preoperative and preanesthetic evaluation. (See the table-2)

Case-1: severe atherosclerosis of left anterior descending coronary artery with left ventricular hypertrophy. Another incidental finding was cavernous hemangioma of liver.

 Table-2: Clinical Diagnosis and Autopsy Diagnosis in deaths associated with G.A.

Case Clir No. Dia	nical Ignosis	Autopsy Diagnosis	Undiagnosed preexisting condition	
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		Ι		, –			I	· · · · · · · · · · · · · · · · · · ·
			revealed in		5	Male, 75 yrs,	Left ventricular	Coronary
			autopsy			surgery for	myocardial	atherosclerosis
1	Male, 48 yrs,	40-50 %	1. Coronary			umbilical	infarction,	
	G.A. (Propofol	narrowing of	atherosclerosis			hernia, G.A.,	both coronary	
	& Scolin) for	LAD coronary				died on first	arteries were	
	D11	artery with	2. Left			post op. day,	showing	
	Schwannoma,	atherosclerosis	ventricular			known case of	severe	
	Hypoxia	, Left	hypertrophy.			Hypertension,	atherosclerosis	
	followed by	ventricular	3. Multiple			heart block and	. Pulmonary	
	cardiac arrest	hypertrophy,	small			hypothyroidism	edema. Acute	
	occurred within	tongue and lip	cavernous			•	tubular	
	5-10 minutes of	bite due to	hemangiomas				necrosis of	
	G.A. before	convulsions,	in liver.				kidneys.	
	starting the	signs of			6	Female, 15 yrs,	Negative	Nil
	surgery.	difficult				Cranio-	Autopsy	
	5. ,	intubation.				Vertebral		
		No any signs of				junction		
		hypoxia found				abnormality		
		in the autopsy.				with		
2	Male, 12 yrs,	Aspiration of	Nil	1		neurodeficit.		
-	surgery for	gastric				C2, C3, C4		
	congenital	contents in to				laminectomy		
	coloboma	bronchial tree,				under G.A.,		
	under G.A.,	brain and lungs				died on same		
	vomiting	are congested				day.		
	occurred after	and			7	Female, 57 yrs,	Pulmonary	Nil
	recovery	edematous.			,	known case of	edema.	
3	Female, 40 yrs,	Both lungs are	Chronic			asthma, spine	No any signs of	
5	lap.	congested,	pulmonary			surgery of	hypoxia were	
	Hysterectomy	edematous,	disease.			space reduction	found in	
	under G.A.,	and found	uisease.			between L5-S1	autopsy.	
	immediately	severely				under G.A.,	uutopsy.	
	after surgery	adherent to				developed		
	developed	chest wall.				hypoxia due to		
	negative	Centri-lobular				bronchospasm,		
	pressure	hemorrhagic				and convulsion,		
	pulmonary	necrosis of				followed by		
	edema (NPPE) ,	liver suggestive				cardiac arrest.		
	hypoxia, pink	of circulatory				Died before		
	frothy fluid	failure.				surgery started.		
	from ET tube.	No any signs of			8	Two & half yrs	100 ml reddish	Histopathology
	Hom Er tabe.	hypoxia found			0	old male child,	fluid in pleural	shows chronic
		in the autopsy.				surgery for	cavity, 300	interstitial
4	Female, 38 yrs,	Pulmonary	Nil			polydactyli and	straw color	inflammation
-	Hysteroscopic	edema, about				syndectyli of	fluid in	of both lungs
	and	half liter				four limbs	peritoneal	01 2001 101.80
	laparoscopic	reddish fluid in				under G.A.,	cavity	
	removal of	abdomen,				hypotension	suggestive of	
	multiple fibroid	suggestive of				and cardiac	circulatory	
	uterus under	cardiac failure.				arrest after	failure, lungs	
	G.A. After 30	No any				surgery, died	are edematous	
	min. developed	findings of				on same day.		
	bradycardia,	hypotension,				en same day.	1	
	hypotension	and cardiac		_				
	and pulmonary	arrest found in				: lungs were fo	-	
	edema, died on	the autopsy.		c	chest	wall could no	t be removed	whole during
	next day.	ine autopsy.		a	autops	5V.		
	next uay.			J		· / ·		

Case-5: severe atherosclerosis of left anterior descending coronary artery with left ventricular myocardial infarction.

Case-8: chronic interstitial inflammation of lungs found in histo-pathological examination.

Out of total nine cases of death associated with Spinal Anesthesia, in only two cases (22 %) autopsy has revealed undiagnosed preexisting disease. In one case left ventricular hypertrophy and chronic pyelonephritis were present while in another case moderate atherosclerosis of right coronary artery with about 30 % narrowing of its lumen was found in autopsy.

Case-14: left ventricular hypertrophy and chronic pyelonephritis. After giving spinal anesthesia patient developed sudden bradycardia and frothing due to pulmonary edema.

Case-15: 30 % narrowing of right coronary artery with moderate atherosclerosis. Patient developed chest pain and died after 20 min of spinal anesthesia.

So, in four cases (out of nine) of general anesthesia and in two cases (out of eight) of spinal anesthesia, the new information (pre-existing undiagnosed disease) provided by the medico-legal autopsy. This could have influenced the treatment decisions in some cases.

Group-2 includes deaths which are the direct result of the administration of an anesthetic.

In all recent studies of anesthesia related mortality, problems pertaining to the respiratory system were the single largest cause of death.

Out of eight cases of deaths associated with general anesthesia, five cases were due to respiratory failure. Causes of respiratory failure in these cases are complications of endotracheal intubation due to difficult intubation in one case, aspiration of gastric contents in one case, negative pressure pulmonary edema in one case, and in one case severe bronchospasm occurs in known case of asthmatic bronchitis after G.A. but before beginning the surgery. In one case exact cause of respiratory failure could not be detected.

One of the commonest causes of anesthesiarelated mishaps is complications related to the endotracheal intubation. In case no.1 of our study (Table-2), signs of difficult intubation in the form of injuries to the mouth and laryngo-pharynx as well as hemorrhage in the neck musculature were seen. In a study of 50 individuals who had endotracheal intubation prior to reaching an emergency room, in an unsuccessful attempt at resuscitation, 37 (74 %) had injuries of the airway following intubation.⁹

General anesthetics can also produce asthmalike attacks that are not apparent in unconscious patients.⁹ Bronchiolar spasm may contribute to airway obstruction and may be due to many factors including pre-existing asthma, hypersensitivity to drugs, aspiration of gastric contents and fluid overload. In case no.7 (Table-2), due to pre-existing asthma, bronchiolar spasm occurred after general anesthesia caused hypoxia and convulsions before starting the surgery.

In case no.2 (Table-2), airway obstruction and hypoxia were occurred due to aspiration of stomach contents due to vomiting. Vomiting occurred after completion of the surgery and apparent recovery from the anesthesia.

Ventilatory effort may be impaired during anesthesia either as a result of depression of the respiratory center, or through muscular weakness. Almost all anesthetic agents are respiratory depressants, and overdosage will result in inadequate ventilation. Inadequate Ventilatory support following the use of neuromuscular blocking drugs has been cited as a frequent cause of death due to anesthesia, and effect of these drugs is potentiated by volatile anesthetic agents.⁸ More common is the tendency to give multiple medications during induction and maintenance of general anesthesia or deep sedation, with resultant synergistic action of these drugs.¹⁰ In case no.8 this poly-pharmacy effect of CNS depressants may have caused the hypoxia.

Disorders of circulatory homeostasis form the second largest group of anesthetic related deaths. Unrecognized or inadequately managed hypovolemia is the commonest cause of anesthesia related death attributable to the cardiovascular system. Where death has occurred from such hypovolemia, autopsy is frequently unhelpful in establishing the cause. Over-enthusiastic fluid therapy may also contribute to anesthesia related mortality from pulmonary edema or cardiac failure. Fatal cardiac arrhythmias during anesthesia may result from a number of factors, such as pre-existing disease, abnormal reactions to drugs, unskillful anesthesia, surgical stimulation, or a combination of these. $^{\rm 8}$

In three cases of general anesthetic deaths (refer table no. 3), cardio-vascular failure was the cause of death. In two cases bradycardia and hypotension occurred first followed by cardiac arrest and cardiogenic pulmonary edema. In these cases preoperative hypovolemia and intra-operative blood loss which may remain unrecognized or inadequate provision could not be ruled out. In such cases cardio-vascular failure due to cardiac arrhythmia could also not be ruled out. In one case myocardial infarction due to coronary atherosclerosis was found to be a cause of death.

Table-3: Distribution of General Anesthetic casesaccording to cause of death		
Cause of death in G.A.	No. of Cases	
Respiratory Failure leading to Hypoxia	5	
Cardio-vascular failure leading to hypotension, bradycardia and cardiac arrest	3	

Out of nine cases of deaths associated with spinal anesthesia (refer table no. 4), in five cases sudden cardiac arrest developed during spinal anesthesia. In all these five cases, immediate CPR was given due to which cardiac activity was restarted. In all these cases patient developed of permanent vegetative state due to Hypoxic Ischemic Encephalopathy. Out of these five cases of sudden cardiac arrest during spinal anesthesia, in two cases DVT followed by the pulmonary thrombo-embolism was found during autopsy at about three days and eight weeks after surgery respectively. In two cases, septicemia and DIC were found in autopsy at about 3 weeks and 4 weeks after surgery. In one case patient died on fourth post-operative day with pulmonary edema. No any specific cause of death was found in autopsy.

Table-4: Clinical Diagnosis and Autopsy Diagnosis in deaths under Spinal Anesthesia

Case No.	Clinical Diagnosis	Autopsy Diagnosis	Undiagnos ed preexisting condition revealed in Autopsy
9	Female, 25 yrs, LSCS under S.A., sudden	Congestion of organs,	Nil

	cardiac arrest, revived after CPR, Hypoxic Ischemic Encephalopathy, DIC, ARF, Septicemia, died after 22 days	hemorrhages in abdominal wall due to DIC	
10	Male, 60 yrs, Road Traffic Accident, proximal tibia fracture on rt. Side, plating under S.A., just before closure developed sudden cardiac arrest, revived after CPR, severe diffuse encephalopathy, died about 2 months after surgery	DVT in both legs with pulmonary thromboemboli sm, red hemorrhagic spots on both kidney surfaces, septicemia	Nil
11	Female, 70 yrs, RTA, left femur IT fracture, nail removal done after 7 months under S.A., cardiac arrest, CPR, developed hypoxic ischemic encephalopathy, died after one month	septicemia	Nil
12	Male, 21 yr, RTA, left femur fracture mid shaft, plating under S.A. & Epidural catheterization, developed severe hypotension, died on second day	Congestion of organs, Negative autopsy	Nil
13	Male, 35 yr, RTA, left Femur ST fracture, bradycardia followed by sudden cardiac arrest, revived after CPR, died on third day	DVT in left femoral vein, brain and both lungs severely edematous, pulmonary thrombo- embolism	Nil
14	Male, 46 yr, RTA, left femur IT fracture, nailing done, after 24 days removal done under S.A., sudden bradycardia, frothing, died on same day	Both lungs are congested & edematous, left ventricular hypertrophy found, coronaries are patent	 Left ventricula r hypertrop hy Chronic pyelonep hritis on

			histopath ology
15	Male, 75 yr, RTA, left femur IT fracture, nailing under S.A., developed chest pain, hypotension died on same day	Only 30 % block in right coronary artery, lungs are congested and edematous. No exact cause of death could be ascertained	Moderate atheroscl erosis of right coronary artery
16	Female, 23 yrs, LSCS under S.A., developed sudden cardiac arrest, unconscious, CPR given, developed hypoxic ischemic encephalopathy, died on 4 th post operative day.	Edema over face, hands, feet, legs, and back. 500 ml reddish fluid in peritoneal cavity s/o cardiac failure, pulmonary edema.	Nil
17	Female, 35 yrs, full term pregnancy, twins, LSCS, hypotension, death during operation.	Negative Autopsy	Nil

In three out of nine cases of deaths associated with spinal anesthesia (refer table no. 5), sudden fall in blood pressure was developed during surgery and all patients were died on same day. No any specific cause of death was found at autopsy in all three cases (Negative Autopsy). In one case, moderate atherosclerosis of right coronary artery with about 30 % narrowing of its lumen was found during autopsy as age related change.

Table-5: Distribution of Spinal Anesthetic cases according to cause of death		
Cause of death in S.A. No. of Cases		
Sudden Cardiac Arrest 5		
Hypotension 3		
Bradycardia followed by pulmonary edema 1		

In one case of death associated with spinal anesthesia, during surgery, suddenly bradycardia was developed followed by pulmonary edema and frothing. No any specific cause of death was ascertained in autopsy. However, left ventricular hypertrophy with chronic pyelonephritis was found present in autopsy.

This report demonstrates the extremely high yield of early post-mortem autopsies performed in the case of operative and anesthetic deaths with suspicion of malpractice. Autopsies frequently identified undetected complications, including surgical complications and disease processes. They could also suggest faulty or negligent practice that would otherwise go unrecognized.

This report also demonstrates that most early post mortem examinations performed on patients who died due to surgical or anesthetic causes, provide new and often unexpected information of great assistance in identifying the cause of death.

6. Conclusions:

The morphological findings in the "anesthetic deaths" are minimal or even absent so, more than in any other type of case, expert advice and full clinical information are essential.

Early Post-mortem examination on case of anesthetic death can provide new and often unexpected information of great assistance in identifying the cause of death.

In most of the cases of death associated with anesthesia, the cause of death has to be determined from a consideration of the clinical features as well as the autopsy findings.

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